

March 29, 2018  
Volume 9, Issue 4



### Inside this issue:

Unapologetically Seventh-day Adventist	2
Grilled Banana Nutella Sandwich	3
Carolina Conference Events	3
Upcoming Events	4
Serving this Sabbath	4

Morning Devotion

## Preparing For The Holy Day

*“Remember the Sabbath day, to keep it holy.”*

*Ex. 20:8.*

At the very beginning of the fourth commandment the Lord said, “Remember.” He knew that amid the multitude of cares and perplexities man would be tempted to excuse himself from meeting the full requirement of the law, or would forget its sacred importance. Therefore He said: “Remember the Sabbath day, to keep it holy.”

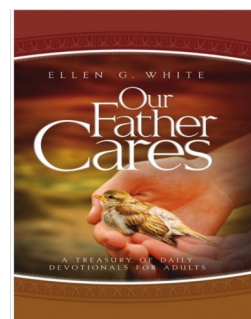
All through the week we are to have the Sabbath in mind and be making preparation to keep it according to the commandment. . .

When the Sabbath is thus remembered, the temporal will not be allowed to encroach upon the spiritual. No duty pertaining to the six working days will be left for the Sabbath. During the week our energies will not be so exhausted in temporal labor that on the day when the Lord rested

and was refreshed we shall be too weary to engage in His service. . .

On Friday let the preparation for the Sabbath be completed. See that all the clothing is in readiness and that all the cooking is done. . . The Sabbath is not to be given to the repairing of garments, to the cooking of food, to pleasure seeking, or to any other worldly employment. Before the setting of the sun let all secular work be laid aside and all secular papers be put out of sight. Parents, explain your work and its purpose to your children, and let them share in your preparation to keep the Sabbath according to the commandment.

There is another work that should receive attention on the preparation day. On this day all differences between brethren, whether in the family or in the church, should be put away. Let all bitterness and wrath and malice be expelled from the



soul. In a humble spirit, “confess your faults one to another, and pray one for another.”

Before the setting of the sun let the members of the family assemble to read God’s Word, to sing and pray.

We should jealously guard the edges of the Sabbath. Remember that every moment is consecrated, holy time.

### Special points of interest:

- Sabbath Morning Prayer: 9:15 am in the Sanctuary.
- Sabbath School: 9:30 am.
- Divine Worship: 11:00 am.
- Thursday Ladies’ Bible Study at The Ray’s: 11:00 am **(No meeting this week and next week).**
- Friday Adults’ & Young Adults’ Bible Study at The Craig’s: 7:45 pm (It is Written Bible Studies).
- Women’s Ministries Meeting: Every 4th Sunday of each month at 1:00 pm at Ms. Pete’s (Women in The Bible) - **No meeting this month.**



### Happy Birthday:

4— Cindy Bumgarner.  
6— Hani Square.  
11— John Weaver.  
18— Andres Sarmiento.  
30— Curline Forbes.

### Message from FMSDA Youth’s Leaders:

**“We have an afternoon concert planned for this Sabbath at the Sarmiento’s home from 3:00 pm. Basically after fellowship meal. If you have lawn chairs, blankets and the like, please bring them. We will be outside. Dress warmly!”**

## “Unapologetically Seventh-day Adventist”



**Sabbath Service,  
March 24, 2018 with  
Elder Rodney Dye**

Praise God for the affirming message of the importance of a strong foundation from God that we've had since 1844 which solidifies His remnant church today. The re-evaluation of just how Seventh-day Adventists came to be, and just how much such a strong foundation builds up for a flourishing church equipped to spread the Gospel through the Three Angel's Message and the Sanctuary Impact.

Thank you so much Dye family for blessing us with the sermon, children story and music.

### Psalm 77:13-15

*“Thy way, O God, is in the sanctuary: who is so great a God as our God? Thou art the God that doest wonders: thou hast declared thy strength among the people. Thou hast with thine arm redeemed thy people, the sons of Jacob and Joseph. Selah.”*



The heaven and Fort Mill SDA family were rejoicing when Mrs. Minerva stepped forward during the appeal and decided to be baptized. Praise God!



## GRILLED BANANA NUTELLA SANDWICH

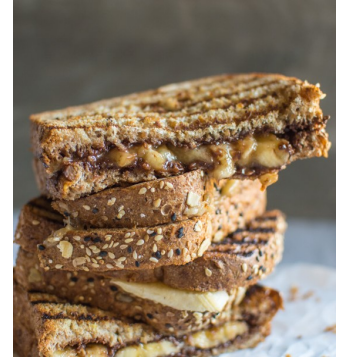
This grilled banana Nutella sandwich is crunchy on the outside and heavenly on the inside. Indulge in this delicious banana and chocolate treat!

### Ingredients:

- ♦ 3 heaping Tbsp chickpea flour
- ♦ 4 slices of seeded whole grain bread (or any bread you like)
- ♦ 4 TBS Nutella
- ♦ 2 small bananas, sliced
- ♦ 2 and 1/2 TBS toasted unsweetened coconut
- ♦ coconut oil spray (or your favorite cooking spray)

### Directions:

- ♦ Spread 1 tablespoon of nutella on each slice of bread. Spray the other side with cooking spray.
- ♦ Sprinkle some toasted coconut onto each slice of bread.
- ♦ Spread the sliced bananas onto two slices of bread in a single layer. Alternatively, you can mash the bananas first and spread the mixture evenly on two slices of bread. The sandwiches will taste the same whether you mash the bananas or not. It's just a matter of texture. Cover the bananas with the other slice of bread.
- ♦ Heat a grill pan or a panini press. When the pan is hot, place a sandwich on top. Grill each side for about 2 minutes, or until you see nice grill marks on the bread. Repeat for the other sandwich.
- ♦ Cut the sandwiches in half and serve. Best served warm.



**This sandwich can be made both ways—with sliced or mashed bananas.**



**Carolina Conference**  
of Seventh-day Adventists

### Coming Events

**Carolina Pathfinder Camporee**  
March 15-18 — Camp Barnhardt

**Alive Youth Rally**  
March 30-April 1 — Spartanburg, SC

**Holistic Sabbath School Workshop**  
April 7—Tryon, NC

**Adventurer Fun Day**  
April 8 & 29 — Nosoca Pines Ranch

**Hispanic Campmeeting**  
April 20-22 — Nosoca Pines Ranch

**Spring Women's Retreat**  
April 27-29 — Kernersville Church

**Elders' Retreat**  
May 11 — Nosoca Pines Ranch

**2018 Lake Junaluska Camp Meeting**  
May 27-June 2 — Lake Junaluska

**Summer Prayer Retreat**  
July 20-22, 2018

### Next Sabbath, April 7 at 3 pm - Memorial Service for Yun, Soon Ja

The memorial service for Yun, Soon Ja, mother of Elder Vernon Newman and grandmother of Tia Combs will be held at Celina Seventh-day Adventist Church, 101 Doctors Drive, Celina, TN 38551. Condolences may be sent to: 266 Rushing Springs Rd, Monterey TN 28574. Elder Vernon Newman came to visit us last year to preach and conduct a family life seminar along with his wife Debbie and his daughter, Sonee.

### June 18-20, 2018 - Academic Summer Camps - Southern Adventist University

This year Southern will be hosting 12 different summer camps bringing high school students (rising 9th-12th graders) to the university for an opportunity to explore or sharpen their vocational focus before even starting college.

The total cost for all three days combined is \$150 for day students and \$200 for campers staying on campus in residence hall. The fee includes instruction, meals, and recreation. Visit [southern.edu/camps](http://southern.edu/camps) for details.

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*"And this Gospel of the Kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come." -Matthew 24:14 KJV*



- ♦ A Special Sabbath Program sponsored by our Youth this Saturday, March 31st. We also will have an afternoon concert sponsored by our Youth at 3:00 pm at the home of Sarmientos. Please support our Youth with your presence and invite your friends and neighbors!
- ♦ April 27-29, 2018: Church Camping and Sabbath Service at McDowell Nature Preserve ( 15222 York Rd, Charlotte, NC 28278.) We will have a special guest speaker, Elder Tommie Fulp on Sabbath, April 28th at the campsite. For registration (it's free!) and more details please contact Jose and Rosario Perez.



### *Psalm 100:2*

*"Serve  
the Lord with  
gladness;  
Come before His  
presence with  
singing. "*

## Serving this Sabbath, March 31st, 2018

### **SABBATH SCHOOL *(Will be held in Fellowship Hall):***

**Prayer Service (9:15 am): Jelani Davis.**  
**SS Welcome, Opening Song & Prayer: Bonnie Craig.**  
**Lesson Review: Bonnie Craig.**  
**Adult SS Teacher: Jelani Davis.**  
**Youth SS Teacher: Eric Souare.**  
**Junior/Primary SS Teacher: Kevin Craig.**  
**Cradle Roll SS Teacher: Lydia Ray.**  
**Special Feature: Soteco Family.**

### **DIVINE WORSHIP:**

**Special Sabbath program, "To Know Jesus" presented by the Youths of Fort Mill SDA Church: Michaela Hounslow, Eliana Hounslow, Joshua Hounslow, Keira Soteco, Amaris Murillo-Mena, Sydney Soteco, Melanie Perez, Tatiana Aguilar, Thomas Dandridge II, Harol Sarmiento, Jr., Andres Sarmiento, Nathan Ray and Andrew Ray.**

**Supported by: Tia Combs, Lydia Ray, Harol Sarmiento, Sr., Eric Souare and Bonnie Craig.**

**Church-wide Fellowship Meal: Traditional**  
**Please sign up at: <https://perfectpotluck.com/meals.php?t=ZLHE7006>**